



Careers Guidance Meetings

Not sure what you want to do when you leave school?

A school careers advisor can help you explore various career options, provide you with specific information and give you advice about particular jobs. In short, help you with:

- Developing your CV.
- Understanding the job market.
- Searching and applying for jobs/apprenticeships
- Making Applications for post-16
- Identifying your skills.
- Looking at GCSE options

Benefits of a careers meeting?

- Increased motivation and self- confidence
- Greater self-awareness
- Identification of more achievable ambitions
- Improved decision-making skills
- Increased awareness of opportunities

Where will the meeting take place?

Most careers meetings will take place in The Careers Zone (G Block)

How to prepare for your interview

Think about:

- your current situation – what planning you have already done, if any
- what you would like to change
- the ideas you already have but don't know how to move forward with or perhaps you have no ideas at all
- sign in to Unifrog, complete the quizzes to help gain some ideas to discuss further
- **IMPORTANT – BE READY TO DISCUSS THOUGHTS AND IDEAS**

For more information look at this video: <https://www.youtube.com/watch?v=ONKDYTVJrcY>

If you would like to speak with careers please email tracy.gallagher@havenhigh.net or pop and see me in FutureZone